

TROIKA COSTUMES
SELF-MEASUREMENT FORM

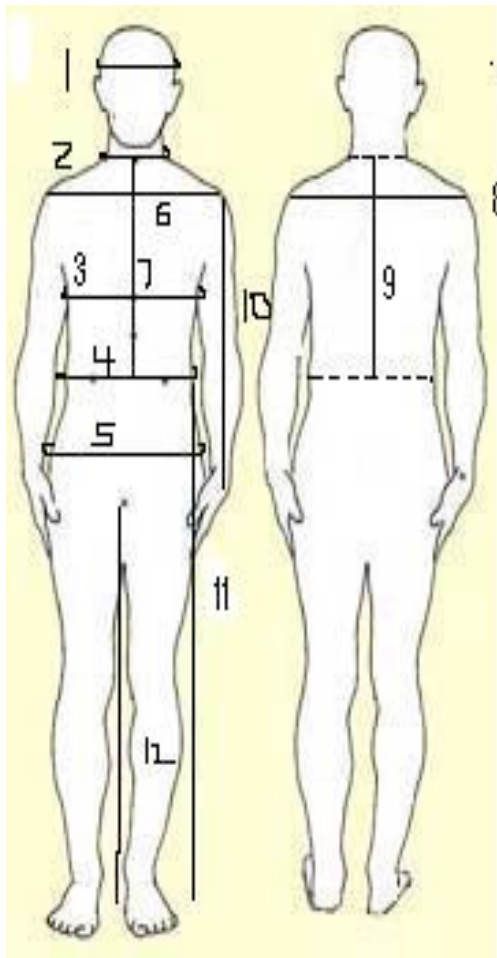
ACTOR NAME: _____ DATE: _____

PRODUCTION: _____ CHARACTER : _____

PHONE NUMBER: _____ E-MAIL: _____

HEIGHT		PANTS/JEANS		PANTS	
WEIGHT		SHIRT		BLOUSE	
SHOE SIZE		JACKET		TIGHTS	
SHOE WIDTH		SUIT		BRA	

- A. Please wear a leotard or snug fitting clothing when taking measurements
- B. Find your waist by bending over to the SIDE – the waist measurement we need is where your body naturally bends
- C. Tie a string around your (bending) waist
- D. Using a tape measure, write down the number of INCHES for each measurement



FRONT

BACK

1. AROUND HEAD: _____
2. AROUND NECK: _____
(base of neck)
3. AROUND CHEST: _____
(fullest part expanded)
4. AROUND WAIST: _____
(at string)
5. AROUND HIP: _____
(at fullest part)
6. ACROSS FRONT: _____
(from shoulder to shoulder)
7. FRONT LENGTH: _____
(from neck to waist string)
8. ACROSS BACK: _____
(from shoulder to shoulder)
9. BACK LENGTH: _____
(from neck to waist string)
10. ARM LENGTH: _____
(from shoulder to wrist)
11. OUTSEAM: _____
(from waist to floor)
12. INSEAM: _____
(from crotch to floor)

PLEASE FAX TO TROIKA COSTUMES 410-590-0204